



CTTT 2020

Expression Of Interest (EOI) FORM

Thank you for registering for the CTTT 2020 in Amsterdam.

Please fill out all the required questions on this online application form. This will take approx. 30 minutes – if properly prepared. Your answers can be brief.

Before filling out the online EOI form, we recommend downloading all questions [HERE](#), and collecting all required information, documents and answers in advance.

We recommend filling out the document on a laptop or desktop computer, instead of a mobile device.

Be aware that you will be required to provide the following documents and web links:

- CV
- One Headshot
- Two Dance photos
- Three video assessments

You will also be required to complete a registration payment. This can be completed using a Paypal-account or credit card.

Do not email us your answers or documents, all EOI applicants need to be submitted through this online form.

Any technical issues that you may have, please email cttt@countertechnique.com.

For all other questions, please consult our FAQ questions page:
www.countertechnique.com/cttt2020/faq.

Make sure to print your form at the end, for your own archive and in case you encounter any technical issues upon submitting.

We look forward to receiving your application!

Full Name *

First Name

Last Name

COMMUNICATION



E-mail *

Re-type E-mail *

example@example.com

Mobile Phone Number *

 - -

Country Code

Area Code

Phone Number

Facebook address:

Instagram name:

Select other available communication options *

- Skype
- Facetime
- Facebook messenger
- WhatsApp
- WeChat
- None of the above
-

Website (optional)


Address *

City

State / Province

Postal / Zip Code

Country

PERSONAL DETAILS 

Nationality *

Country

Other nationality

Country


Country of birth *

Country

Age *

Gender

Languages (fluent) *

EDUCATION 

Graduation Year (if applicable)

Degree

Name of Professional Dance Program/School

If you did not attend a Profession Dance Program or School, please mark "n/a"

City / Country

City

Country

Other relevant degrees and studies, incl. graduation year, institution, city, country

CURRENT ENGAGEMENT(S)

Years of Professional Dance Experience *

Current dance work *

Please indicate if you are currently involved in a dance work, including name of work, choreographer and company, or if you're employed by a dance company, a university or any other dance organisation. If applicable, otherwise fill out "n/a".

Weblink (optional)

Most relevant dance work in your career ***Weblink (optional)****AVAILABILITY****I am available for the full two-week period of the CTTT. ***

- Yes
- No
- Maybe

Additional Information

Please specify any additional information that we should be aware of when considering your application (eg availability, injury). For any questions you might have, please consult the FAQ questions section on our website: countertechnique.com/obocamsterdam/faq.

COUNTERTECHNIQUE STUDIES

Please provide as complete as possible a list with clearly marked where you studied

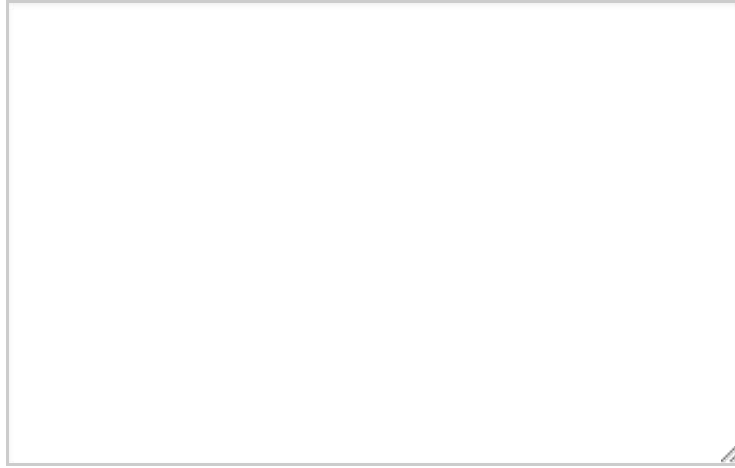
Countertechnique: year, teacher, amount and type of activities (classes / workshops / curriculum / intensives). *

Did you attend an OBOC, and if yes what year(s)? *

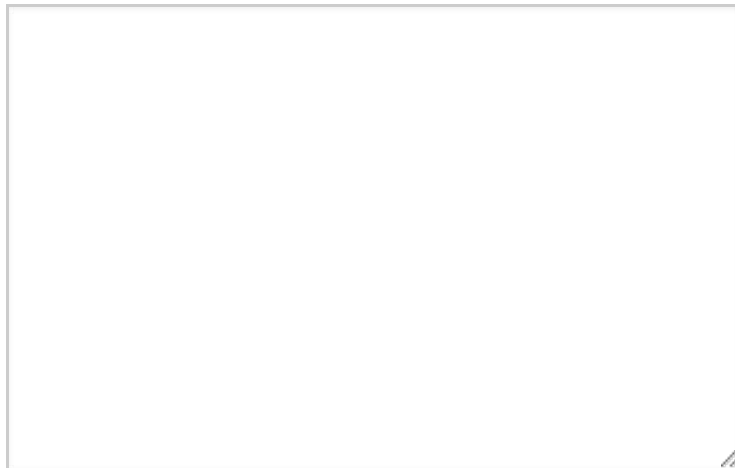
Did you study Alexander Technique? If yes, describe the setting (individual/class, private/school) and for how long. *

Briefly write about your personal experience with Countertechnique as a dancer. *

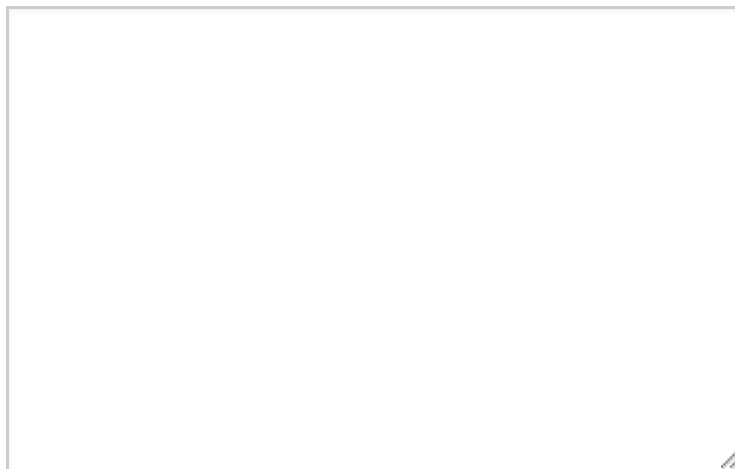
Briefly write in your own words what Countertechnique is, and how you apply it to your dancing. *



Can you name some tools from the Countertechnique toolbox that have helped your own dancing? *



Can you name some tools from the Countertechnique toolbox that you have used helping another dancer or student? *



DOCUMENTATION

Please upload your CV. Make sure to include full education and professional experience. Please have your name in the title of document. *

no file selected

Please use PDF, or alternatively Word – no other file formats.

Please upload one (1) headshot. Please include your full name in the document name.

Please use file types: jpg, jpeg, png – no other file formats.

Please upload two (2) dance photos. Please include your full name in the document names. (You can either upload the two photos in one document, or select two different photos.)

Please use file types: jpg, jpeg, png – no other file formats.

INSTRUCTIONS VIDEO ASSIGNMENT

Please assemble the following three video assignments into one clip and uploaded on Vimeo or Youtube for online viewing. (If you don't possess the technicals skills, to combine the clips into one, there are two additional fields for separate entry.)

These three assignments should be recorded in a space big enough to move full out.

Title each section in the video clearly, to show us which of the three assignments you're showing next.

1. Assignment #1 Countertechnique in your own dancing_

Film yourself doing the following exercises from a Countertechnique class:

- Head Rolls (parallel, first and second)
- Slow Shifts
- UBHAS (parallel and first) – this is the Upper Body Head Arms and Shoulders exercise
- A simple Pre-Fall across the floor, both right and left side

While doing the exercises, say out loud which tools from the Toolbox you are applying, in other words scan out loud, for instance: *' I soften my ankles to widen my back, my sit bones drop down and head moves off my spine '*, etc.

2. Assignment #2 Countertechnique in your own dancing

Make a big move combo, which you think belongs in a Countertechnique class. Do both sides, right and left:

- The first time dance the combo full out. Afterwards explain your observation of your own dancing, and which tools you decide to use the second time around
- Dance the combo again, this time with these specific tools. Afterwards tell us your observations of how it went.

3. Assignment #3 Your own teaching practice

Film yourself teaching your own material, which clearly shows your movement vocabulary, your instructions and your engagement with participants.

If you don't have a teaching practice yet, please send us a clip (in a studio setting) of a solo improvisation or choreography, or movement material you'd like to teach.

Copy the video link here: *

If your video requires a password, type it here:


If you're not able to combine the three clips into one video, enter the second link here. (Include your name in the file name, and title each video clearly, so that we know which of the three assignments

you're showing! If you're using a password, make it the same one as the 1st clip.)

<https://vimeo.com/329284875>

If you're not able to combine the three clips into one video, enter the third link here. (Include your name in the file name, and title each video clearly, so that we know which of the three assignments you're showing! If you're using a password, make it the same one as the 1st clip.)

<https://vimeo.com/329284875>

TEACHING EXPERIENCE 

Do you already have experience as a teacher? *

Yes 

If no, you will automatically skip to the next section. If yes, more detailed questions will be asked.

Briefly describe your teaching experience and what you teach. *

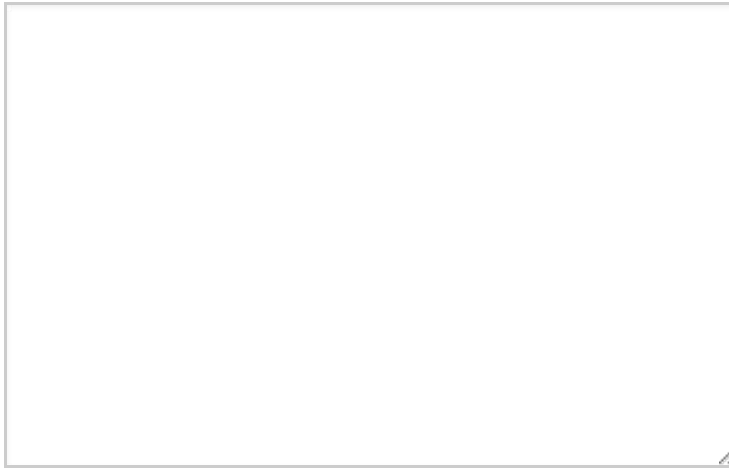
Think of: the type of class you teach; Your approach to teaching; What kind of dance students you encounter; What is their level and the expected outcome of the class (think of amateur, professional education, professional class); Please list relevant additional practices that inform your teaching/dancing; Please list relevant places where you have taught so far.

leave empty if not applicable

Why do you like to teach, and what do you see as your strengths in teaching? *

Why: think of your personal motivation to teach (When did it start, and why did you start?) And did your motivation stay the same? What is your aspiration long-term? What is your philosophy in teaching (what do you want to communicate? What are your inspiration sources? Examples of strengths: time management, developing class material, group dynamics, student coaching, preparation time, verbal or physical demonstration, attitude or other.

Briefly describe what you would like to further develop in your own teaching? *



AFTER CERTIFICATION



Do you already have connections with dance institutions where you could teach Countertechnique? If so, please name them and describe the type of organization/institution. *

What level students/dancers would you be interested in teaching Countertechnique for, and why? *

(Professional, Advanced, Intermediate, Beginners, Non-dancers)

Briefly describe how you think Countertechnique can be of relevance in the current education in dance, both in the training of students and in daily training of professional dancers? Would you see a role for yourself in this, and if so describe this. *

After having completed the CTTT, what would you have wanted to have learned/gained as an experience? *

MARKETING▶

Where did you learn about the CTTT 2020? (multiple choices possible) *

- Facebook
- Instagram
- Countertechnique newsletter
- Word-of-mouth
-

Would you like to subscribe to Countertechnique's mailing list? *

Yes ▼

REGISTRATION FEE▼

Registration Fee *

CTTT Registration Fee €45 EUR

Quantity 

Total

€45 EUR

