

counter technique.

Countertechnique Teacher Training (CTTT) - FAQ

What is the CTTT?

Countertechnique provides tools for body and mind to deal with the demanding dance practice of the 21st century. Countertechnique is a copyright and trademark protected brand. The Countertechnique Teacher Training (CTTT) is a program that trains dancers to become certified Countertechnique teachers. Besides Founder Anouk van Dijk, there are currently 27 other teachers, all of them on our [website](#).

When does the CTTT 2018 take place?

The CTTT 2018 takes place in Melbourne, Australia, from Wednesday 18 July until Sunday 29 July. In this period, the following days will be available for rest: Saturday 21 July and Friday 27 July.

What does the CTTT 2018 program consist of?

The CTTT 2018 will be conducted by Founder Anouk van Dijk and Master Teacher Nina Wollny. The program will address both the theoretical principles of the Countertechnique movement system and the practical training method. For Aspirants, the main focus of the CTTT Intensive will be on learning and practicing how to teach a basic Countertechnique class. At the end of the CTTT, the aspiring Teachers should know the general framework and exercises of a basic Countertechnique class, have a clear understanding of the Countertechnique principles and to be able to convincingly apply these in their own dancing. If these conditions are met, and if the Aspirant is able to confidently structure and lead a basic Countertechnique class, the Aspirant will graduate and receive an official Countertechnique Teacher Certification.

Am I eligible to participate?

To join the CTTT program as an Aspirant, you're required to have at least three years of experience as a professional dancer. Previous teaching experience is an advantage, but not required. All aspiring Teachers are, however, expected to have attended a substantial number of Countertechnique classes and to have taken part in one or more workshops by Anouk van Dijk or Nina Wollny, of which at least one "One Body, One Career" Intensive before commencement of the CTTT 2018. During these classes and workshops you should have displayed a thorough physical and analytical understanding of the principles of the Countertechnique, and have shown to be able to convincingly apply these principles in movement. Further criteria that determine the final eligibility for the CTTT program, are didactic skills, use and understanding of the English language and the personal motivation in joining the program, including time one can and wants to spend on studying, practicing and developing. If you do not meet all of the above criteria, but nonetheless feel you have a very strong case for why you expect to be successful at completing the CTTT, please feel free to be in touch with us through cttt@countertechnique.com.

How many Aspirants will be admitted to the CTTT 2018?

There is no fixed maximum, but generally six to eight aspiring Teachers are selected to participate in the CTTT program. Next to these Aspirants, generally around five to seven existing Teachers participate.

Why are some participants advised to do a pre-CTTT training?

Ten days is not a lot of time to instruct you to teach Countertechnique on your own. We therefore want to make sure you have the best preparation possible, and get all participants as much as possible to a comparable level before they start the CTTT in July 2018. Based on the Expressions of Interest forms, we will make a final selection of candidates and determine from individual to individual whether any pre-CTTT training is advisable. Not being able to attend these pre-CTTT activities does not exclude you from participation in the CTTT, but attending them will help you get the most out of the CTTT. For all participants, we recommend that they attend the "One Body, One Career" Intensive, which will take place directly before the CTTT in Melbourne, Australia.

If I successfully complete the CTTT 2018, do I receive a certificate?

Yes! You will receive a beautifully designed, official certificate. You will also immediately receive your own countertechnique.com email-account, as well as set of digital photographs of yourself teaching during the CTTT, for use in your practice as a Teacher. We will also instantly include your personal profile on our website and in the Countertechnique Brochure (PDF) we provide to Teachers to do their own acquisition. You will be given access to our online event database, you will have administrator rights to our Countertechnique Facebook- and Instagram-page and you will be invited to join our closed

Countertechnique Pro-group on Facebook, which serves as a forum for all teachers to communicate with each other throughout the year on any questions they might have, problems they encounter or fun things they'd just like to share with others.

What happens when at the end of the CTTT I do not qualify to be a certified Teacher?

You will remain an Aspirant, but will not be allowed to teach Countertechnique yet. If you want to continue your training as a Countertechnique teacher, you will be able to attend the 2020 CTTT at a 50% discounted fee. In between the two CTTT's, you are expected to attend at least one *One Body*, *One Career* Intensive, and take as many Countertechnique classes and workshops as possible. Of the twenty-three Aspirants in the three previous CTTT's, only two have not been certified. Although we are open about the fact that certification is never guaranteed, and participation is therefore at your own risk, we currently have an even more thorough selection process in place than before, helping us make the best assessment possible.

We are absolutely committed to make a maximum effort to have all participants obtain their certification. Regardless of the certification, however, it is important to realise that the CTTT can provide an enormous impulse to everyone's career in dance. Every single participant will benefit from the new knowledge, skills and inspiration they will gain from the CTTT on both a personal and professional level.

When can I start teaching?

You will be able to start teaching Countertechnique after successfully completing the two week CTTT Intensive and becoming a certified Countertechnique teacher.

What happens after I graduate and start teaching Countertechnique?

The Countertechnique movement system is very layered, and contains more information than we can share in two weeks - and more than you would be able to absorb in that time. Because we want you to have a full understanding of the system, and be the best teacher you can be, the Countertechnique Teacher Training Program holds a long-term commitment. For all Teachers and Senior Teachers, it is therefore required that at least three CTTT Intensives are attended within a ten year period, and that a certain amount of classes per year is being taught to ensure your personal development. At every CTTT, we will add different layers of information, and mentor you to progress issues you have encountered in your teaching practice. Countertechnique has three levels of teachers: Teacher, Senior Teacher, Master Teacher. As you progress in your development, you might be eligible for a higher level of certification.

What does participation in the CTTT 2018 cost?

Our organisation is fiscally based in the Netherlands and the fee is therefore in euro's. The 2018 fee for Aspirants attending their first CTTT in 2018 is 2.500 euro. This amount is payable in three separate transactions, 750 euro due on 1 January 2018, 1.000 euro due on 1 April 2018 and 750 euro due on 1 July 2018. These payments are non-refundable. In addition, a registration fee of 25 euro is required.

Are there any costs besides the costs for the CTTT?

If you are advised to participate in pre-CTTT courses, you will be charged an additional fee – the height of which is determined on the length of the activity, and the number of attendants. Attending the "One Body, One Career" Intensive 2018 would also incur a separate fee.

After completing the CTTT course, you will be expected to make an annual financial contribution towards the service the organisation provides in hosting the website and email accounts, doing advertisements for classes and workshops, and coordinating incoming teaching requests. Currently, the annual contribution is 70 euro per year; this amount is subject to a slight annual increase.

Do you provide scholarships for the CTTT 2018?

Unfortunately we do not have the financial means to provide scholarships, but we are happy to help you by writing support letters and providing information about the CTTT program in order for you to acquire financial support from third parties.

I can't make it the first / last day(s) of the 2018 CTTT Intensive, is that a problem?

Yes, it is. Unfortunately we accept only participants that can be present for the whole duration of the CTTT Intensive. If however you feel you would be eligible for the CTTT program based on your experience as a dancer and a Countertechnique student, as well as on your motivation, you should send in an Expression of Interest marked "CTTT 2020" – that way we know who you are, and we can keep an eye on you while you participate in classes, workshops and intensives in order to be selected for participation in the 2020 CTTT Intensive.

Based on the selection criteria above I do not qualify. Should I apply anyway?

Everyone is invited to submit an application via the Expression of Interest form. If you are interested in becoming a Countertechnique Teacher at a later time, you should send in an Expression of Interest marked "CTTT 2020" – that way we know who you are, and we can keep an eye on you while you

participate in classes, workshops and intensives in order to be selected for participation in the 2020 CTTT Intensive.

How can I apply?

You will be required to send in your registration form to citt@countertechnique.com by November 10. Upon submitting your registration, you will receive an invoice for the registration fee. The invoice will need to be paid within 10 days for the application to be considered in the final selection.

Where does the CTTT 2018 take place?

The CTTT 2018 takes place in the studios of dance company Chunky Move in Melbourne (Australia).

What are the costs for the OBOC and do we get a discount?

The fees for the OBOC 2018 will be announced together with the final dates. The OBOC is run by dance company Chunky Move and they are not able to provide further discounts to CTTT participants, other than their Early Bird Registration Fee. If you are accepted into the CTTT program, your application for the OBOC will automatically also be successful.

Do you provide housing in Melbourne for participants?

We do not provide or arrange housing, but we do provide some basic information for everyone to find housing themselves and we will do a call out to the local community to offer affordable housing options.

What else?

This FAQ Sheet answers the questions that are relevant at this stage of the selection procedure. As soon as you get selected for participation in CTTT (8 Dec 2017 at the latest), we will send you the full CTTT Program Agreement, a ten page document outlining exactly how the program works, what can be expected of our organisation and what are your responsibilities and obligations as a teacher. You will be required to sign a copy of this agreement in order to participate in the CTTT 2018.

Where can I get more information?

Please visit all the pages on our [website](#), make sure you read this FAQ Sheet thoroughly and download the [Registration Form](#). If you have a question that is not addressed in any of these documents, then please send an email to citt@countertechnique.com.

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