

# counter technique.

## Countertechnique Teacher Training (CTTT) - FAQ

### What's CTTT?

Countertechnique provides tools for body and mind to deal with the demanding dance practice of the 21st century. Countertechnique is a copyright and trademark protected brand. The Countertechnique Teacher Training (CTTT) is a program that trains dancers to become certified Countertechnique teachers. Besides Founder Anouk van Dijk, there are currently 19 other teachers, all of them on our [website](#).

### When does the CTTT 2016 take place?

The CTTT 2016 takes place in Melbourne, Australia, from Wednesday 3 August until Sunday 14 August. In this period, the following days will be available for rest, or self study: Saturday 6 August and Friday 12 August.

### What does the CTTT 2016 program consist of?

The CTTT 2016 will be conducted by Founder Anouk van Dijk and Master Teacher Nina Wollny. The program will address both the theoretical principles of the Countertechnique movement system and the practical training method. For Aspirants, the main focus of the CTTT Intensive will be on learning and practicing how to teach a basic Countertechnique class. At the end of the CTTT, the aspiring Teachers should know the general framework and exercises of a basic Countertechnique class, have a clear understanding of the Countertechnique principles and to be able to convincingly apply these in their own dancing. If these conditions are met, and if the Aspirant is able to confidently structure and lead a basic Countertechnique class, the Aspirant will graduate and receive an official Countertechnique Teacher Certification.

### Am I eligible to participate?

To join the CTTT program as an Aspirant, you're required to have at least three years of experience as a professional dancer. Previous teaching experience is an advantage, but not required. All aspiring Teachers are, however, expected to have attended a substantial number of Countertechnique classes and to have taken part in one or more workshops by Anouk van Dijk or Nina Wollny, of which at least one "One Body, One Career" Intensive. During these classes and workshops you should have displayed a thorough physical and analytical understanding of the principles of the Countertechnique, and have shown to be able to convincingly apply these principles in movement. Further criteria that determine the final eligibility for the CTTT program, are didactic skills, use and understanding of the English language and the personal motivation in joining the program, including time one can and wants to spend on studying, practicing and developing.

### How many Aspirants will be admitted to the CTTT 2016?

There is no fixed maximum, but generally six to eight aspiring Teachers are selected to participate in the CTTT program. Next to these Aspirants, around five existing Teachers and Senior Teachers are expected to participate.

### Why are some participants advised to do a pre-CTTT training?

Ten days is not a lot of time to instruct you to teach Countertechnique on your own. We therefore want to make sure you have the best preparation possible, and get all participants as much as possible to a comparable level before they start the CTTT in August. Based on the Expressions of Interest forms, we will make a final selection of candidates and determine from individual to individual whether any pre-CTTT training is advisable. Not being able to attend these pre-CTTT activities does not exclude you from participation in the CTTT, but attending them will help you get the most out of the CTTT. For all participants, we recommend that they attend the "One Body, One Career" Intensive, which is expected to take place directly before the CTTT in Melbourne, Australia.

### If I successfully complete the CTTT 2016, do I receive a certificate?

Yes! You will receive a beautifully designed, official certificate. You will also immediately receive your own counter technique.com email-account, as well as set of pictures of yourself teaching during the CTTT, for use in your practice as a Teacher. We will also instantly include your personal profile on our website and in the PDF we provide for Teachers to do their own acquisition. You will be given access to

our online event database, you will have administrator rights to our Countertechnique Facebook-page and you will be invited to join our closed Countertechnique Pro-group on Facebook, which serves as a forum for all teachers to communicate with each other throughout the year on any questions they might have, problems they encounter or fun things they'd just like to share with others.

**What happens when at the end of the CTTT I do not qualify to be a certified Teacher?**

You will remain an Aspirant, but will not be allowed to teach Countertechnique yet. If you want to continue your training as a Countertechnique teacher, you will be able to attend the 2018 CTTT at a 50% discounted fee. In between the two CTTT's, you are expected to attend at least one *One Body*, *One Career* Intensive, and take as many Countertechnique classes and workshops as possible. Of the fifteen Aspirants in the 2012 and 2014 CTTT's, only two have not been certified.

We are committed to make a maximum effort to have all participants obtain their certification. However, it is important to stress that, regardless of the certification, the CTTT will provide an enormous impulse to everyone's career in dance. It is guaranteed that every single participant will acquire an enormous amount of knowledge, skills and inspiration during the CTTT, and will grow significantly on both a personal and professional level.

**When can I start teaching?**

Teaching Countertechnique does not start until after successful completion of the two week CTTT Intensive, when one receives the level TEACHER.

**What happens after I graduate and start teaching Countertechnique?**

Because we want you to be the best teacher you can be, the Countertechnique Teacher Training Program holds a long-term commitment. For all Teachers and Senior Teachers, it is required that at least three CTTT Intensives are attended within a ten year period, and that a certain amount of classes per year is being taught to ensure your personal development. Countertechnique has three levels of teachers: Teacher, Senior Teacher, Master Teacher. As you progress in your development, you will be eligible for a higher level of certification.

**What does participation in the CTTT 2016 cost?**

Our organisation is fiscally based in the Netherlands and the fees are therefore in euro's. The 2016 fee for Aspirants attending their first CTTT in 2016 is 2.350 euro. This amount is payable in three separate transactions, due on 31 January 2016, 30 April 2016 and 15 July 2016.

**Are there any costs besides the costs for the CTTT?**

If you are advised to participate in pre-CTTT courses, you will be charged an additional fee – the height of which is determined on the length of the activity, and the number of attendants. Attending the "One Body, One Career" Intensive 2016 would also incur a separate fee.

After completing the CTTT course, you will be expected to make an annual financial contribution towards the service the organization provides in hosting the website and email accounts, doing advertisements, and coordinating incoming teaching requests. Currently, the annual contribution is 75 euro per year.

**I can't make it the first / last day(s) of the 2014 CTTT Intensive, is that a problem?**

Yes. Unfortunately we accept only participants that can be present for the whole duration of the CTTT Intensive. If however you feel you would be eligible for the CTTT program based on your experience as a dancer and a Countertechnique student, as well as on your motivation, you should send in an Expression of Interest marked "CTTT 2018" – that way we know who you are, and we can keep an eye on you while you participate in classes, workshops and intensives in order to be selected for participation in the 2018 CTTT Intensive.

**Based on the selection criteria above I do not qualify. Should I apply anyway?**

Everyone is invited to submit an Expression of Interest form. However, candidates that do not meet the criteria, should not expect to be selected for the 2016 CTTT Intensive. If you are interested in becoming a Countertechnique Teacher at a later time, you should send in an Expression of Interest marked "CTTT 2018" – that way we know who you are, and we can keep an eye on you while you participate in classes, workshops and intensives in order to be selected for participation in the 2018 CTTT Intensive.

**Do you provide scholarships for the CTTT 2016?**

Unfortunately we do not have the financial means to provide scholarships, but we are happy to help you by writing support letters and providing information about the CTTT program in order for you to acquire financial support from third parties.

**Where does the CTTT 2016 take place?**

The CTTT 2016 takes place in the studios of dance company Chunky Move in Melbourne (Australia).

**Do you provide housing in Melbourne for participants?**

We do not provide or arrange housing, but we do provide some basic information for everyone to find housing themselves and we will do a call out to the local community to offer affordable housing options.

**What else?**

This FAQ Sheet answers the questions that are relevant at this stage of the selection procedure. As soon as you get selected for participation in CTTT 2016 (Dec 1, 2015 at the latest), we will send you the full CTTT Program Agreement, a ten page document outlining exactly how the program works, what can be expected of our organization and what are your responsibilities and obligations as a teacher. You will be required to sign a copy of this agreement in order to participate in the CTTT 2016.

**Where can I get more information?**

Please visit all the pages on our [website](#), make sure you read this FAQ Sheet thoroughly and download the [Expression of Interest form](#). If you have a question that is not addressed in this document, then please send an email to [cttt@countertechnique.com](mailto:cttt@countertechnique.com).

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