

Countertechnique Workshop

with Nina Wollny

"It is exciting to discover how much one can benefit from investigating and exploring the truly amazing human body, and how this can open up an endless amount of new possibilities to move."



Dates: November 18th and 20th

Time: 9:30-3:00pm

Location: Mascall Dance (www.mascalldance.ca)
1130 Jervis Street

**counter
technique.**

www.countertechnique.com

\$120 Early Bird Rate before Nov 1st

\$140 Pre-register including \$30 non-refundable deposit

\$160 At the door



Inquires and Registration: Myolates@gmail.com

Payment: cash or cheque. Email transfers available upon request.