

counter technique.

Countertechnique Teacher Training (CTTT) - FAQ

What's CTTT?

Countertechnique provides tools for body and mind to deal with the demanding dance practice of the 21st century. Countertechnique is a copyright and trademark protected brand. The Countertechnique Teacher Training (CTTT) is a program that trains dancers to become certified Countertechnique teachers. Besides Founder Anouk van Dijk, there are currently 14 teachers, all of them on our [website](#).

What does the general CTTT program consist of?

The CTTT focuses on both the theoretical principles of the Countertechnique movement system and the practical training of Countertechnique classes. The program is centered around biennial, two week CTTT Intensives, and is supplemented with update weekends, teacher meetings, regular Countertechnique classes, monitored teaching practice, feedback sessions and the regularly updated Workbooks for Teachers and Dancers.

What does the 2014 CTTT Intensive program consist of?

The CTTT Intensive will be conducted by Founder Anouk van Dijk and Master Teacher Nina Wollny. The program will address both the theoretical principles of the Countertechnique movement system and the practical training method. For Aspirants, the main focus of the CTTT Intensive will be on learning and practicing how to teach a basic Countertechnique class. At the end of the CTTT Intensive, the Aspirants should know and understand the general framework, exercises and development of a basic Countertechnique class and be able to teach a basic Countertechnique class independently. If these conditions are met, the Aspirants will graduate and receive a Countertechnique Teacher certification.

When does the next CTTT Intensive take place?

The 2014 CTTT intensive takes place in Melbourne, Australia, from Mon. June 30 until Fri. July 11. The program is 10 full days in total; there are no classes in the weekend of 5-6 July.

How do I get in?

The CTTT program is open to professional dancers with at least three years of professional working experience. To be eligible for consideration as an Aspirant, they are required to have attended, prior to their application, a substantial number of Countertechnique classes and taken part in one or more workshops by Founder Anouk van Dijk and/or other Master Teachers, of which at least one "One Body, One Career" Intensive. During these classes and workshops they should have displayed a thorough physical and analytical understanding of the principles of the Countertechnique, and have shown to be able to convincingly apply these principles in movement. Further criteria that determine the final eligibility for the CTTT program, are didactic skills, use and understanding of the English language and the personal motivation in joining the program, including time one can and wants to spend on studying, practicing and developing.

How many Aspirant will be admitted to the 2014 CTTT Intensive?

The CTTT program admits a maximum of 8 new participants per edition. Next to these Aspirants, also 4 to 6 existing Teachers and Senior Teachers will participate.

When can I start to teach?

The teacher certification has four stages. After applicants are accepted for participation in the CTTT, they become ASPIRANT. Teaching Countertechnique does not start until after successful completion of the two week CTTT Intensive, when one receives the level TEACHER. To become a SENIOR TEACHER, a second CTTT has to be successfully completed within a period of four years. The final stage, MASTER TEACHER, is a level that can only be awarded by Anouk van Dijk.

What happens when at the end of the Intensive I do not qualify to be a certified Teacher?

You will remain an Aspirant, but will not be allowed to teach Countertechnique yet. You will be required to attend the 2016 CTTT Intensive, for which you will pay 50% of the rate for Aspirants in 2016. In between you are expected to attend at least one One Body, One Career Intensive, and as many classes and workshops as possible.

If I successfully complete the 2014 CTTT Intensive, do I receive a certificate?

Yes! You will receive a beautifully designed, official certificate. You will also immediately receive your own yourname@countertechnique.com email-account, as well as set of pictures of yourself teaching during the CTTT, for use in your practice as a Teacher. We will also instantly include your personal profile on our website and in the PDF we provide for Teachers to do their own acquisition. You will be given access to our online event database, you will have administrator rights to our Countertechnique Facebook-page and you will be invited to join our closed Countertechnique Pro-group on Facebook, which serves as a forum for all teachers to communicate with each other throughout the year on any questions they might have, problems they encounter or fun things they'd just like to share with others.

What does participation in the 2014 CTTT Intensive cost?

The 2014 fee for Aspirants attending their first CTTT in 2014 is 2.000 euro. This amount can be paid at once before 15 March 2015, to arrive in our bank account no later than 21 March, or alternatively in three different payments. If one chooses to pay in three portions, a first non-refundable, non-transferrable advance payment of 500 euro is to be transferred before 15 March 2014, to arrive in our bank account no later than 21 March. A second non-refundable, non-transferrable advance payment of 750 euro is to be transferred before 2 May, to arrive no later than 9 May. The final, non-refundable, non-transferrable payment of 750 euro is to be transferred before 20 June, to arrive no later than 27 June. These are net amounts to be received; all bank transfer or exchange charges are to be paid by the participant. Cash or cheques will not be accepted; payment through Paypal transfer is possible.

I can't make it the first / last day(s) of the 2014 CTTT Intensive, can we work around that?

No, unfortunately we accept only participants that can guarantee 100% to be present for the whole duration of the CTTT Intensive. If however you feel you would be eligible for the CTTT program based on your experience as a dancer and a Countertechnique student, as well as on your motivation, you should send in an application marked "CTTT 2016" – that way we know who you are, and we can keep an eye on you while you participate in classes, workshops and intensives in order to be selected for participation in the 2016 CTTT Intensive.

Based on the selection criteria above I do not qualify. Should I apply anyway?

No. Candidates that do not meet the criteria, will not be admitted to the 2014 CTTT Intensive. However, if you are interested in becoming a Countertechnique Teacher at a later time, you should send in an application marked "CTTT 2016" – that way we know who you are, and we can keep an eye on you while you participate in classes, workshops and intensives in order to be selected for participation in the 2016 CTTT Intensive.

Do you provide scholarships for the 2014 CTTT Intensive?

We have no scholarships, but we are happy to help you by writing support letters and providing information about the CTTT program in order for you to acquire financial support.

Where does the 2014 CTTT Intensive take place?

The 2014 CTTT Intensive takes place in the studios of dance company Chunky Move and the Victorian College of the Arts, in Melbourne (Australia).

Do you provide housing in Melbourne for participants?

We do not provide or arrange housing, but do provide some basic information for everyone.

What else?

This FAQ Sheet answers the questions that are relevant at this stage of the selection procedure. Once you get selected for participation in the 2014 CTTT Intensive, we will send you the full CTTT Program Agreement, a ten page document outlining the way the program works, what can be expected of the organization and what are the responsibilities as a teacher.

Where can I get more information?

Please visit all the pages on our [website](#), make sure you read this FAQ Sheet thoroughly and download the [application form](#). If you feel you qualify for participation, but before applying have an urgent question that is not addressed in this document, then please send an email to cttt@countertechnique.com. Please refrain however from sending enquiries that are not relevant for this stage of the selection procedure, or that are answered already in this document, on our website or on the application form.

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